



CALGARY PET WELLNESS AND SPAY/NEUTER CLINIC

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HOME CARE INSTRUCTIONS: DOG SPAY/NEUTER

- 1) Please restrict your dog's activity for at least 10 days. This means no off-leash walks, no running around the backyard or chasing a ball. A maximum 10 minute leash walk is permitted for the first 10 days. If your pet is too active the sutures may pull out and the surgical site will get swollen. No swimming or bathing allowed for a minimum of 14 days after surgery.
- 2) Do NOT allow any licking of the incision. Licking can cause infection and if the sutures are chewed out additional surgery will be required. An E-collar (cone) should be used at all times if you see your dog licking. Check the incision once daily and do not apply any solutions (ie: alcohol/peroxide) or ointments. If you are concerned about the incision you can take a picture and email it to our clinic (email@calgaryspayandneuter.ca), along with your contact information.
- 3) Give a small meal when you get home (half of normal amount) and another small meal before bedtime. Not all pets want to eat after surgery and may be nauseous. Some dogs will get soft stool from the medications used for anesthesia. If this occurs you can feed plain cooked rice mixed with a couple tablespoons of kibble for 1-2 days. If your dog will not eat or drink within 24 hours after surgery, please call us (403-569-7387).
- 4) Some pets can gain weight after being spayed/neutered due to a change in hormones and metabolism. To prevent your pet from gaining weight after surgery, reduce the amount of food given and monitor his/her weight closely. You should always be able to feel your pet's ribs easily and see a visible tuck at the waistline.

Please call with any questions or concerns about your pet. If you are concerned we will do a recheck it at no charge. **Calgary Pet Wellness and Spay/Neuter Clinic is not responsible for any fees that may incur if you take your pet to another veterinary clinic.**