



## Calgary Pet Wellness and Spay/Neuter Clinic

3559 52nd St SE, Calgary, AB. T2B 3R3. Phone: (403) 569-7387

[email@calgaryspayandneuter.ca](mailto:email@calgaryspayandneuter.ca) [www.calgaryspayandneuter.ca](http://www.calgaryspayandneuter.ca)

### SURGERY HOME CARE INSTRUCTIONS

#### **WHAT TO EXPECT AFTER SURGERY:**

• Your pet may be groggy, sleepy or unsteady from the anesthesia. However, he/she should still be responsive and able to move around, including; go to the bathroom and interact quietly with you. • Please try to keep your pet quiet. Refrain from exercise and play, and allow your pet to rest. • Your pet will typically require 24 hours to recover to a normal energy and attitude after anesthesia. He/she should be back to normal once the sedation/anesthetic have left his/her system entirely. • ***If your pet seems excessively sleepy, having trouble moving around, or is not very responsive, please contact us, OR see the after-hours emergency contact information below.***

#### **FEEDING:**

• Your pet may not want to eat when he/she gets home after surgery, as he/she may still be a bit sleepy, or even nauseous from the anesthesia. **Re-introduce food slowly.** Offer a small amount of food (about ½ to ¼ of a normal meal amount) and water when your pet is fully awake. -If no vomiting occurs after about 30min-1 hour, you can then offer your pet the rest of their normal meal amount. -If vomiting occurs, please wait until the next day to offer more food. • Your pet's appetite should gradually return to normal within 24 hours. Provide the normal amount of food and water to your pet the day after surgery. • ***Please contact us if you have any concerns about your pet's appetite, or see the after-hours emergency contact information below.***

#### **MEDICATIONS:**

• Please follow the prescription labels. • Do not alter the dosage or frequency of any prescribed medications without consulting a veterinarian. • If you feel your pet's medication needs to be altered or refilled, please contact us.

#### **ACTIVITY:**

• The healing process usually takes 10-14 days. Activity and exercise need to be restricted during this time. You may consider confinement in a familiar, cozy room, or in a crate (if they are crate trained) when you are unable to directly supervise them. • If your pet routinely "does their business" upon leash walks, please be sure to keep them on the leash at all times, and only walk a very short distance, slowly. During the healing period, it is very important to prevent your pet from running, jumping, rough play, and swimming, etc. • Please do not bathe your pet or have her groomed during this time.

#### **INCISION SITE:**

• Check the incision site daily for 10-14 days. • Ensure the E-collar (cone) is on for 10-14 days. • A small amount of swelling, redness or bruising can occur. • Please do not clean or apply any topical ointments to the incision site. • ***If there are any concerns about the appearance of the incision, please email us photos to [email@calgaryspayandneuter.ca](mailto:email@calgaryspayandneuter.ca)***

#### **SUTURES:**

• If skin sutures or staples are present, your pet will need to return in 10-14 days to have them removed. Please call or email us to schedule an appointment for this. **PLEASE DO NOT ALLOW YOUR PET TO LICK OR CHEW THE INCISION AREA. USE A CONE OR A MEDICAL PET SHIRT TO PREVENT SELF-TRAUMA**

**POTENTIAL COMPLICATIONS:** If any of the below signs are noted, please seek urgent veterinary attention:

- |  |                                       |
|--|---------------------------------------|
| o Pale gums                            | o Depression or unresponsiveness      |
| o Excessive bleeding from the incision | o Difficulty urinating                |
| o Labored breathing                    | o Lethargy lasting more than 48 hours |

**FOR AFTER HOURS INQUIRES OR AN EMERGENCY, PLEASE CONTACT:**

**PARAMOUNT 24 HR EMERGENCY HOSPITAL**  
5111 Northland Dr NW #4110  
403-300-9111

**ALPINE 24/7 EMERGENCY HOSPITAL**  
5707 Macleod Trail SW  
403-212-4008